

NAMA:

TINGKATAN:



MAJLIS PENGETUA SEKOLAH MALAYSIA (MPSM)
NEGERI PERAK

MODUL KECEMERLANGAN SPM 2024
SET 1

BAHASA INGERIS

KERTAS 1
1 JAM 30 MINIT

JANGAN BUKA KERTAS PEPERIKSAAN INI SEHINGGA DIBERITAHU

ARAHAN:

1. Kertas peperiksaan ini mengandungi lima bahagian; **Bahagian 1, Bahagian 2, Bahagian 3, Bahagian 4 dan Bahagian 5.**
2. Jawab **semua** bahagian dalam kertas peperiksaan ini.
3. Tulis jawapan anda di dalam **kertas jawapan** yang disediakan.

INSTRUCTIONS:

1. This questions paper consists of five parts: **Part 1, Part 2, Part 3, Part 4, and Part 5.**
2. Answer **all** parts.
3. Write *your answers* in the **ANSWER SHEET** provided.

Kertas ini mengandungi 14 halaman bercetak

PART 1

Questions 1 to 8

Study the information carefully and choose the **best** answers **A**, **B** or **C**. For each question, **blacken** your answer on the **answer sheet**.

To:	henry@gmail.com
Subject:	Ants on rambutans
Dear Uncle, Mom says that you're very experienced in farming. I have a problem with my rambutan trees. Both of my trees have a lot of flowers, fruits and black ants too. The ants would help pollinate the flowers but destroy the fruits too. They bite into the rambutans and stick onto the skin. Please give me some tips to solve my problem. Thanks very much. <i>Jooney</i>	

- 1 Jooney wants his uncle to
- A kill the ants.
 - B advise him.
 - C explain the problem.

THIEVES CAUGHT IN THE ACT

SEREMBAN, Mon. - A series of school break-ins and thefts came to an end when two students were caught in the act last night.

Two fifteen-year-old boys were caught by the school security guard trying to climb over the school fence with some stolen goods. The boys had two laptops and some cash with them. The staffroom lock was broken and the place ransacked.

- 2 The boys were caught in the act while
- A trying to run away
 - B ransacking the staff room
 - C trying to break into the staff room

Warisan Home Décor

We are closed temporarily!

In conjunction with Warisan Week, our office is temporarily closed for a week to support the uniqueness of our heritage.

All of our staff are now working hard to showcase our heritage in the coming Warisan Exhibition.

We sincerely apologise for any inconvenience caused. You may reach us through:

warhodecor@ gmail.com

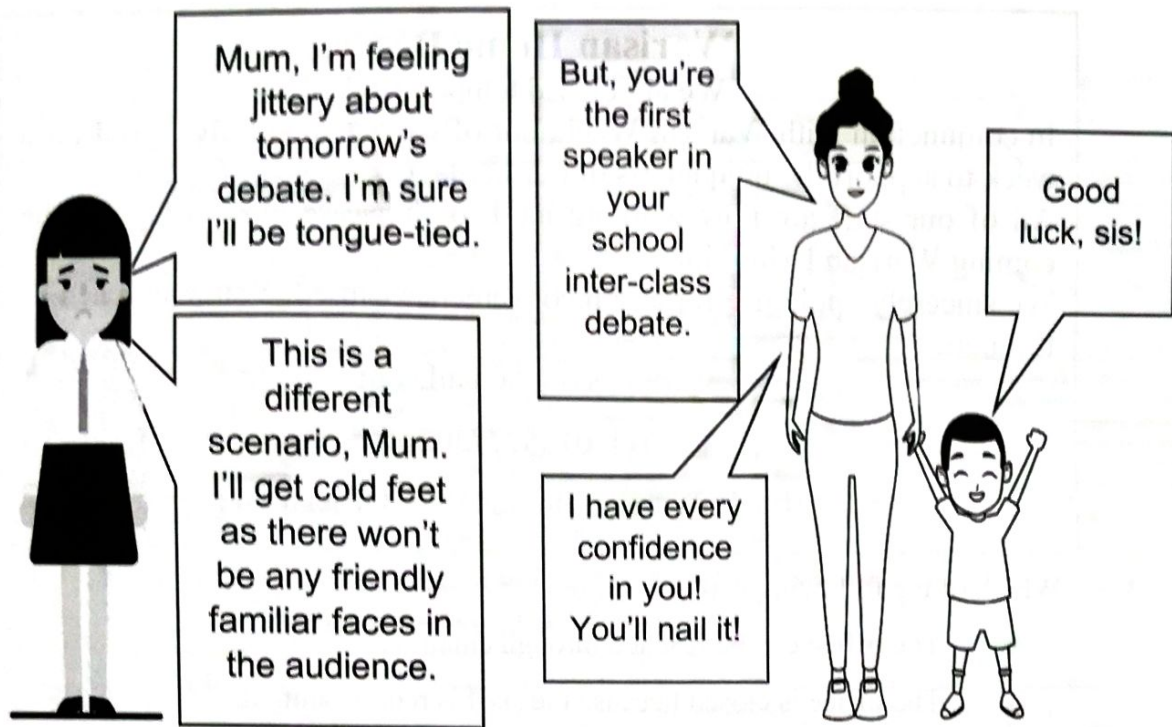
Tel: 0165777302

Facebook: Warisan Home Décor Official Site

- 3 Which of the following is **true**?
- A The office can be reached through email only.
 - B The office is closed because the staff is redecorating it.
 - C The office is closed because the staff is celebrating a special occasion.

<p>Ice Cream Scoopers</p> <p>WANTED</p> 	<p>We're looking for energetic people who are passionate about food, especially ice cream, to help us nationwide. Most importantly, you must love working with people! You will get great benefits plus lots of ice cream.</p> <p>Requirements:</p> <ul style="list-style-type: none">• 16 years old and above• Able to work at least four days a week including weekends and public holidays• Candidates without any job experience are welcome to apply
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- 4 Which of the following statement is **true**?
- A Workers will work only four days a week.
 - B The positions are available in different countries.
 - C Candidates with prior working experience cannot apply.



- 5 Which of the following statements best explains the situation above?
- A The girl lacks in confidence.
 - B The girl is completely unprepared for the debate.
 - C The girl has a consuming passion for public debate.

Distance Cycling

Distance cycling is the basic for building endurance. It pushes our ability to go further.

It is also a sure way of getting rid of fat which short, fast rides cannot do. Long distance cycling should not be done with speed as speeding over long distances opens you to all sorts of injuries.

- 6 From the extract above, we know that long distance cycling
- A must be carried out daily.
 - B should be done as fast as possible.
 - C can help build and develop stamina.

I still remember that I was one of the 100 pupils from a few schools who had the opportunity to welcome a pair of giant pandas to Zoo Negara on 19 May 2022. The historic moment happened at 10 a.m. witnessed by a crowd of zoo officials and vets who made every effort to ensure the safety of the pandas. Having the pandas in the zoo will help to promote love for animals among pupils.

7 The phrase '*the historic moment*' refers to

- A promoting love for animals.
- B the presence of pupils in the zoo.
- C the arrival of the pandas at the zoo.

Jack: Hi, Raj! Come over, I have something to show you.

Raj: What is it, Jack? Oh, wow! You have a fish diary! Let me have a look.

Jack: Yes, I started keeping this ever since I was in primary school. It is a record of all the fish I used to have and those which have survived till today.

Raj: That's so cool! You have about 50 types in here. Where did you get those fabulous pictures from?

Jack: Some are from the internet while others are of the real fish. See like this one? This is a real Scorpion fish. It's a beauty. You don't find them easily here, you know.

8 The fish diary

- A contains information and pictures of all the fish Jack has had in his aquarium
- B is a book about aquatic fish which Jack found on the internet
- C includes pictures of the types of fish that Jack liked

PART 2

Questions 9 to 18

Read the passage carefully and choose the **best** word for each space. For each question, **blacken** your answer on the **answer sheet**.

Social Media

Social media is a way for teenagers to stay in touch (0) with their friends. Teenagers nowadays prefer Snapchat and Instagram over public social media (9) _____ like Facebook and Tumblr. In the former, they have better control over who has (10) _____ to their personal life.

(11) _____, social media as a whole have been shown to be associated with symptoms of anxiety, social isolation and feelings of loneliness. These symptoms are magnified among younger people who may not have the maturity to (12) _____ the downside of social media. Teenagers who spent more than three hours a day using social media might be at heightened risk for mental health problems. A study of more than 450 teenagers found that greater social media use, night time social media use and being emotional on social media – such as feeling upset when (13) _____ from logging on – were each linked with worse sleep quality and higher levels of anxiety and depression.

(14) _____ social media, teenagers interact with their ever-changing social world which is often filled with new experiences and information.

Social media can be beneficial to teenagers. It is a platform to (15) _____ with their friends and the wider communities. Social media can be used to display their creativity, (16) _____ their networks, broaden their viewpoints and provide access to get involved in issues they care about.

Parents and educators can guide and encourage young people to be more (17) _____ of how they use their gadgets. Parents may limit their teen's digital media usage to two hours a day or less. It also helps to (18) _____ real friendships - whether offline or online – that are built around interest and real-life connections.

(Adapted from Calibre, October 2019)

- 0 **A** with **B** by **C** for **D** beside
- 9 **A** stages **B** platforms **C** policies **D** boards
- 10 **A** access **B** contact **C** approach **D** entrance
- 11 **A** Despite **B** Since **C** Although **D** However
- 12 **A** supervise **B** treat **C** handle **D** process
- 13 **A** foiled **B** averted **C** prevented **D** thwarted
- 14 **A** Through **B** By **C** Towards **D** For
- 15 **A** link **B** connect **C** unite **D** click
- 16 **A** swell **B** expand **C** spread **D** contract
- 17 **A** careless **B** sensible **C** dreamy **D** mindful
- 18 **A** improve **B** plant **C** cultivate **D** help

PART 3

You are going to read an article about panic attacks. For **questions 19 to 26**, choose the correct answer **A, B, C or D** and blacken the correct letter **A, B, C or D** in your answer sheet.

A panic attack is a short period of intense fear or discomfort which occurs suddenly without any sign. These attacks which last between five to twenty minutes, end gradually and are not dangerous. During a panic attack, one may experience heart palpitations, sweating, trembling, shortness of breath, a choking sensation, chest discomfort, loss of control or nausea. Your heart tends to beat faster and your muscles tense up as the body releases hormones such as adrenaline. The physical symptoms experienced during a panic attack is because the body is going into an **imaginary** threat.

Sometimes, when panic attacks are left untreated it can lead to panic disorder, social phobia or depression. Panic disorders are characterised by repeated panic attacks combined with major changes in behaviour or persistent anxiety over having further attacks. Panic disorder may occur if one experiences frequent, unexpected panic attacks that are not linked to any specific situation, and one worries a lot about having another attack, behave differently due to the panic attacks and avoid places and people as it has a negative impact on self-confidence and causes serious disruption to everyday living. This ultimately makes one feel anxious and tense, causing one to experience anticipatory anxiety and phobic avoidance. Phobic avoidance occurs when one starts to avoid certain places or situations. Phobic avoidance can gradually lead to agoraphobia.

Panic attacks and disorders don't just affect adults. Many children and adolescents can experience panic attacks and panic disorders. The exact causes of panic attacks and panic disorders are still unclear but the tendency to have panic attacks runs in families and is also connected to major changes in life such as starting a new job, death of a loved one, job loss and even sitting for examinations. Panic attacks and panic disorders can also be caused by medical conditions such as mitral valve prolapse, a minor heart problem, an overactive thyroid gland, low blood sugar or hypoglycaemia, and medication withdrawal.

Regardless of the causes, panic attacks are treatable. There are many effective treatments and coping strategies to use when dealing with the symptoms. When experiencing a panic attack, one should keep calm and concentrate on breathing. It is important to learn breathing and relaxation techniques. Learning to control one's breathing can help to calm oneself. Take regular meals to stabilise blood sugar levels. As far as possible, try to avoid caffeine, alcohol and smoking as these can make panic attacks worse. Be careful with diet pills and other forms of medications. Panic attacks and panic disorders can be treated with self-help

strategies. It is important to read up on anxiety and panic disorders. Practise yoga, meditation and other forms of relaxation techniques.

Besides the self-help treatments, Cognitive Behavioural Therapy, viewed as one of the most effective treatments for panic attacks, disorders and agoraphobia, focuses on the thinking patterns and behaviours that cause panic attacks. Another therapy is called Exposure Therapy, where one is exposed to the physical sensations of panic and taught healthier ways of coping. Finally, but used as a last resort, is medication. The medications used for panic attacks and panic disorders include antidepressants and benzodiazepines. While antidepressants take several weeks before they begin to work, benzodiazepines act very quickly, providing rapid relief of symptoms.

- 19 From paragraph 1, what is a panic attack?
- A An attack that occurs when you feel nauseated.
 - B A brief period when you feel like you are being choked.
 - C When you experience heart palpitations and shortness of breath.
 - D A sudden feeling of intense fear and discomfort for no obvious reason.
- 20 From paragraph 1, the word *imaginary* can be substituted with
- A hoax
 - B impossible
 - C unbelievable
 - D unpredictable
- 21 From paragraph 2, what happens when panic attacks are not treated?
- A One develops severe depression.
 - B The person can become a victim of panic disorder.
 - C It creates antisocial behaviour and negative feelings.
 - D The person becomes anxious and experiences negative thoughts and feelings.

- 22 From paragraph 2, a person who tries to avoid certain places or situations is said to be suffering from
- A anxiousness
 - B panic attack
 - C panic disorder
 - D phobic avoidance
- 23 From paragraph 3, which of the following is **not** a cause of panic attacks and disorders?
- A Losing a job
 - B Starting a new job
 - C Death in the family
 - D Moving to another town
- 24 From paragraph 3, hypoglycaemia occurs when
- A you have a minor heart problem
 - B you have an overactive thyroid gland
 - C your blood sugar level is lower than normal
 - D you experience panic attacks and disorders
- 25 What would be the best way to deal with panic attacks?
- A Stop all forms of medication
 - B Take balanced meals on time
 - C Use various forms of self-help treatments
 - D Avoid caffeine, alcohol consumption and smoking
- 26 The main objective of this article is to
- A highlight the seriousness of panic attacks and panic disorders
 - B inform readers that panic attacks and panic disorders are treatable
 - C encourage people to practise yoga, meditation and other forms of relaxation
 - D introduce the new treatments to help victims of panic attacks and panic disorders

PART 4

Questions 27 to 32

You are going to read an article about an effect of climate change. Six sentences have been removed from the article. Choose from the sentences **A to H** the one which fits gap (27 - 32). There are two extra sentences which you do not need to use.

Areas Slowly Sinking into the Sea

Jakarta and certain parts of Malaysia are constantly flooded. Bangkok continues to sink below sea level. These are just a few examples of how coastal areas are being affected by climate change. Sea levels are rising faster than previously predicted.

Scientists are anxious. Buildings in Bangkok have sunk as much as two centimetres in recent years. A leading Thai scientist recently said the sinking rate will soon be three centimetres per year. (27) Their fear should be taken seriously.

The Thai capital is not the only one facing this. The worst affected areas in Jakarta, Indonesia have been sinking at a rate of 10 to 20 centimetres yearly. (28)

If studies by experts prove accurate, our region in Asia is particularly at risk. Parts of Ho Chi Minh City and Bangkok could be underwater by 2050. (29) There will be more climate refugees than ever in the near future.

(30) These can be observed at the North Pole and South Pole. Factors that contribute to this phenomenon include excessive greenhouse gases in the atmosphere and warming waters. Human activities are undeniably the main cause of climate change.

(31) Governments fear that there will be many more. Poor farmers and fishermen who live along coastlines in Southeast Asia are the most vulnerable communities. Something has to be done quickly to reduce the damage and cost by the unavoidable natural disaster.

There could be many around the world who are still barely aware of the situation. Leaders of a number of nations, however, are obviously alert. 195 nations signed the Paris Accord agreement a few years ago. It has set goals for limiting global warming and greenhouse gas emissions.

Efforts to slow pollution are not moving fast enough. There are other obstacles too. (32) Without proper financing, these countries are unable to transition to less-polluting technology.

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|--|---|
| A Millions of people could be forced to flee coastal areas. | E One of the biggest issues is limited funds to help poorer countries. |
| B Many are already suffering from the rising waters. | F This is a cause for concern for the roughly 8.2 million residents of the city. |
| C Rising sea levels all over the world have been driven by the accelerated melting of ice caps. | G There have been plans to build floating homes. |
| D Flood damages cost the government millions of dollars. | H These are some of the fastest rates in the world. |

Part 5

Questions 33 to 40

We interviewed six teenagers about what makes a wise consumer. Read the texts below and answer the questions that follow.

Teenagers as Wise Consumers

A. Hiew Meen, 18 years old

Speaking of being a wise consumer, I remembered when I was young. I used to buy lots of things whenever I went out shopping with my Mummy. Later, I realised that I don't really need them. It was at that moment that I liked those things. It was a waste. Always ask yourself, "Do I really need this?" and how often will I use this?"

B. Nazirah Bt Ismail, 17 years old

I always go marketing with my sister. She has taught me ways to become a wise consumer. She always has a list of things she needs to buy. With this list, shopping is much easier. And most importantly, consumers do spend beyond their budget. Hence, I made a list of what I need to buy and make sure it's within my budget! This way, I don't spend money unnecessarily.

C. Doris Arumugam, 14 years old

Do you think you're saving more when buying a pair of shoes at a huge discount during sales? Beware of sales promotion or discounted items! Having sales and discounts are one way for retailers to trick consumers into buying at impulse. Impulsive buying is usually triggered by emotions and feelings. Plan your purchases before you go shopping!

D. Alice Jeff, 15 years old

A wise consumer needs to compare the prices of goods. Shop around and you'll find similar products sold at different prices elsewhere. Look up the prices while on the go. It's worth the effort and you won't regret doing so. A wise consumer needs to be intelligent and hardworking by researching the current market.

E. Lim Lee Meng, 13 years old

Ask friends for a referral and do your own research on the items you have in mind. Nowadays, online shopping is very popular. A wise consumer will research the price of a product on the Internet. Your friends can help you too. Post a description of the item you're looking for and ask whether anyone could refer you to a good website or any shop that sells that item for a cheaper price.

F. Diana Yusof, 14 years old

I saw an advertisement for a guitar on sale. It was dirt cheap. I quickly grabbed it. Within a month, the guitar gave way. Sad to say, there wasn't any warranty and I lost every single cent. I have learnt to be a wise consumer since then.

Questions 33 to 36

Which paragraph (A-F) describes the following ways of being a wise consumer?

Mark your answers on **the separate answer sheet**

Statements	Paragraph
33. Comparison buying helps consumers save a lot.	_____
34. Only buy what you need and not what you like	_____
35. Plan purchases to avoid impulsive buying	_____
36. Buy within your budget so as not to waste your money	_____

Questions 37 to 40

Complete the notes below using information from the text. Choose **no more than one word** from the passage for each answer

Mark your answers on **the separate answer sheet**

My Shopping Experience

- Wow! (37) _____ as much as 70% on all items at ZZZ Shopping Mall. I could not resist it so I went on a shopping spree with my friend, Eve.
- I told myself that I must only spend within my (38) _____ but when I went to the shopping mall, I was attracted to many cheap items. I borrowed some money from Eve.
- Weeks later, I looked at those items I bought and told myself, "Why (39) _____ now? You shouldn't buy what you don't need!"
- Since then, I've learnt to become a wise consumer so that I could start (40) _____ money.